

What is claimed is:

1. A method for treating a psychiatric or neurological disorder in a subject comprising administering to the subject Orphanin FQ or a pharma-cologically active derivative thereof  
5 in a daily dosage amount from about 0.1 nanograms per kilogram body weight to about 0.1 milligrams per kilogram body weight.
2. The method of claim 1 wherein the psychiatric disorder is anxiety.
- 10 3. The method of claim 1 wherein the neurological disorder is epilepsy or convulsions.
4. A pharmaceutical composition comprising from 0.01 nanograms to 20 milligrams Orphanin FQ or a pharmacologically active derivative thereof, and a pharmaceutically acceptable carrier.

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